Toilet Training

Whilst it is helpful if your child is clean and dry and no longer wearing nappies or pull-ups, it is not a necessary requirement for your child to be toilet trained before they start at preschool, as there are changing facilities available at both preschools.

We do not tend to carry much stock in the way of nappies etc… it would be helpful if your child came to preschool with a bag, containing nappies, wipes and a spare change of clothes.

The staff at the preschool are happy to support parents and carers, as they journey through the 'toilet training' process with their child/ren. We are fully aware that this process is often a difficult one to master for a young child, however usually with time and patience, children are quick to learn and soon out of nappies.

Please do not be surprised if your child has more toileting accidents at preschool, during this time. As there is much to distract children at the preschool, so children often leave going to the toilet to the last minute.

The staff team will endeavor to remind children regularly to go to the toilet. However, we will not accept responsibility for children having toileting accidents. Children's wet or soiled clothes will be changed if staff members are alerted to the matter, and the child made comfortable.

Remember all children are different in learning this new skill, so be patient. Your child may be really quick to learn or may take a little longer.

Advice about toilet training, bedwetting and constipation, can be found on the Just-One-Norfolk website.
https://www.justonenorfolk.nhs.uk/child-development-additional-needs/toileting/

Handwashing after toileting and craft work
Children are encouraged to use the bathroom facilities correctly at all times.
Hand washing after using the toilet and participating in craft or messy activities is encouraged, using hand soap, fresh water and a clean paper towel or hand dryer if preferred.

Children are also supported to wash their hands before and after cooking activities and to wash their hands before and after consuming food.

The children's poor hygiene routines are always positively challenged by staff members, to ensure our children remain healthy, and to support our children to develop a clear understanding of the importance of good personal hygiene.

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All new staff and helpers will be made aware of all our policies and will be expected to abide by them.

Post COVID-19
To help control and prevent the spread of the covid-19 virus and many other childhood illnesses and sickness bugs, which are usually caused by a virus or a bacterium. We have put into place more stringent hand-washing routines, which we now continue to adopt these routines as best practice.

- Children and adults are encouraged to wash their hands with soap and water on entering the building.

- Children and adults wash their hands with soap and water after coughing and sneezing.

- Children wash their hands before and after consuming food.

Further information https://www.justonenorfolk.nhs.uk/childhood-illnesses/how-to-stop-germs-from-spreading/